

let peace & quiet find you

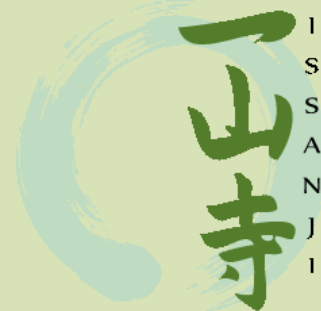
please join our community of support for half day sittings in 2016.

we will begin to offer half day silent retreats, primarily aligned with full-moon ceremonies or other Buddhist holiday/events.

6am to 1pm, oryoki breakfast

current scheduled dates include:

- feb 20
- apr 9
- jun 18



HARTFORD STREET ZEN CENTER

www.hszc.org 415.863.2507

please reserve your spot if you plan to join us for oryoki, otherwise all are invited. to reserve or inquire further reply to this email or write to hszc108@yahoo.com